

# REGION II HUMAN SERVICES

## PROGRAM LISTING

### REGIONAL and PROGRAM ADMINISTRATION

110 North Bailey, P.O. Box 1208  
North Platte NE 69103-1208  
[www.r2hs.com](http://www.r2hs.com)

Kathy Seacrest, BA, Regional Administrator/Program Director  
Diana Schuster, Operations & Human Resources Director  
Tom Carpenter, BS, Fiscal & System Manager  
Larry D. Brown, Ed.D., Consultant

308 534 0440 Ext 201 Cell 539-0310  
308 534-0440 Ext 203  
308 534 0440 Ext 204 Cell 340-3878  
308 534 0440 Cell 539-0465

**(308) 534-0440**

FAX (308) 534-8775

### DIRECTORS- REGIONWIDE

Tamara Johnson, MD, Medical Director, Family Physician  
Teresa Ward, MA, Lic. Indep Mental Health Pract, Day Rehab Dir, Outpatient Dir.  
Angela Smith, Community Support Director  
Robyn Schultheiss BSW, Emergency Support Program Director  
Bonnie Bauer, BS, Youth Care Coordination Director  
Mary Wagner, Compliance and Technical Assistance Director

308 534 6029  
308 534 6029  
308 284-6767 Cell 280-0031  
308 324-7200 Cell 390-4645  
308 284-6767 X211 Cell 539-4065  
308 289-0927 (cell)

## • REGIONWIDE:

### REGIONAL EMERGENCY COORDINATION/EMERGENCY SUPPORT PROGRAM

307 East Fifth, P.O. Box 519  
Lexington NE 68850-0519  
(308) 324-7200  
FAX (308) 324-5118

P.O. Box 1209  
North Platte NE 69103-1208  
Toll free (877) 269-2079  
FAX (308) 532-1157

Robyn Schultheiss BSW, Emergency Support Program Director/System Coordination  
Kelly Kuenle, BS, Emergency Service Coordinator  
Rebecca Olsen, AA, Emergency Service Coordinator  
Lindsey Schafer, BA, Emergency Service Coordinator

308 324-7200 Cell 308 390-4645  
308 324-7200 Cell 308 325-9661  
308-532-4860 X303 Cell 308 350 0158  
308-532-4850 X312 Cell 308 539 1552

**REGION II CLIENT CRISIS LINE (OUTPATIENT, COMMUNITY SUPPORT, DAY REHAB)**

**1-877-709-3351  
or (308) 532-3351**

**BEHAVIORAL HEALTH SYSTEM EMERGENCY NUMBER**

**1-877-269-2079**

### REGION II PREVENTION SYSTEM COORDINATION

110 North Bailey, P.O. Box 1208  
North Platte NE 69103-1208

Shannon Sell, BS, Prevention Coordinator  
Heartland staff as needed. Educators on contract throughout the Region.

**(308) 534-6029 Ext 152**

FAX (308) 534-6961

308-534-6029 Ext 152

### REGION II YOUTH CARE COORDINATION PROGRAM

401 West 1<sup>st</sup>  
Ogallala NE 69153-2412

Bonnie Bauer, BS, Youth Care Coordination Director (Ogallala)  
LaVay Horst, BA, Care Coordinator (North Platte)  
Sarah State, BS, Care Coordinator (McCook)  
Mayra Avalos, BS, Care Coordinator (Lexington)  
Makayla Lee, Care Coordinator (Ogallala)

**(308) 284-6767**

FAX (308) 284-3084

308 284-6767 Ext 211 Cell 539-4065  
308 532-4860 Ext 311 Cell 539-1498  
308-345-2770 Ext 209 Cell 350-0678  
308-324-6754 Ext 210 Cell 320-1051  
308-284-6767 Ext 210 Cell 280-0576

## **REGION II REGIONAL CONSUMER SPECIALISTS**

P.O. Box 818, 1012 West Third

**McCook** NE 69001-0818

Corey Brockway, Regional Consumer Specialist / Computer/Network Technician  
Nancy Rippen, RN, Regional Consumer Specialist

**(308) 345-2770**

FAX (308) 345-2557

308-345-2770 Ext 207 Cell 340-2406

308-345-2770 Ext 207 Cell 340-4842

## **• NORTH PLATTE:**

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

110 North Bailey, P.O. Box 1209

**North Platte** NE 69103-1209

**(308) 534-6029**

FAX (308) 534-6961

*Services available: Outpatient Substance Abuse & Mental Health. Substance Abuse Evaluations, Medication Management, Med Box Program.*

Tamara Johnson, MD, Medical Director, Family Physician (6-8 days month)	308 534 6029	Ext 134
Bill Malchow, PA-C, Physician Assistant (2 days wk)	308-534-6029	
Bridget Pettit, MS., Lic. Independent Mental Health Practitioner (part-time)	308 534 6029	Ext 131
Angela Hardy, MA, Lic. Independent Mental Health Practitioner	308 534 6029	Ext 151
Teresa Ward, MA., Lic. Independent Mental Health Practitioner, Outpatient Director	308 534 6029	Ext 125
Mark Hunt, LADC, Licensed Alcohol & Drug Counselor	308 534-6029	Ext 128
Jenee Hill, MS, Lic Mental Health Practitioner, Lic Alcohol/Drug Counselor (NP & Og)	308 534-6029	Ext 126
Richard Pendleton Sr., MS, Lic Mental Health Practitioner (Thurs)	308 534-6029	
Kimberly Loomis, MA, Lic Mental Health Practitioner (NP 3 days wk, Imp 1 day wk)	308-534-6029	
Debi Olson, Support Staff,	308 534 6029	Ext 122
Marilyn Brown, Support Staff	308 534 6029	Ext 120
Vicki Ludwick, Support Staff, Med Support – (4 days wk)	308 534-6029	Ext 137
Oksana Empfield, Support Staff	308 534-6029	Ext 120
LaVay Horst, BA, Youth Care Coordinator	308 532-4860	Ext 311 Cell 539-1498
Teresa Ross, RN., Nurse (part-time)	308-534-6029	Ext 139

### **COMMUNITY SUPPORT SERVICES**

110 North Bailey, P.O. Box 1209

**North Platte** NE 69103-1209

**(308) 532-4860**

FAX (308) 532-1157

Angela Smith, Care Coordinator, Arm in Arm Coordinator, Community Support Director	308 532-4860	Ext 392	Cell 280-0031
Deb Hyde, BS, Care Coordinator	308 532-4860	Ext 306	
Kari Deepe, Care Coordinator	308 532-4860	Ext 302	
Michelle McFarland, BS., Care Coordinator	308 532-4860	Ext 308	
Jestine Irish, BS, Care Coordinator	308 532-4860	Ext 310	
Sharley Cleveland, BA, Care Coordinator	308 532-4860	Ext 309	
Maggie Tidyman, BS., Care Coordinator	308 532-4860	Ext 304	
Nicole (Nicki) Rubenthaler, BS, Care Coordinator	308 532-4860	Ext 391	
Christopher Williams, Care Coordinator (1 day wk)	308 532-4860		
Librada Diaz-Wood, AA., Care Coordinator (1 day wk)	308 532-4860		

### **FRONTIER HOUSE (Day Rehab/ Day Support)**

114 South Chestnut, P.O. Box 1209

**North Platte**, NE 69103-1209

**(308) 532-4730**

FAX (308) 532-4737

Cell phones 539-4067 & 539-4068

Teresa Ward, MA, Lic. Independent Mental Health Practitioner, Day Rehab Director  
Lori Lucas, BS, Care Coordinator  
Melanie Freeze, Part-time Care Coordinator  
Traci Kramer, BS, Care Coordinator  
Suzy Dodson, BS, Care Coordinator  
Teresa Ross, RN, Care Coordinator (part time)  
Katie McCarthy, BS, Care Coordinator  
Samuel McDaniel, BS, Care Coordinator  
Johnna Arensdorf, BS, Care Coordinator

## • MCCOOK:

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

P.O. Box 818, 1012 West Third  
McCook NE 69001-0818

**(308) 345-2770**

FAX (308) 345-2557  
Cell phone: 350-2886

Services available: Outpatient Substance Abuse & Mental Health, Substance Abuse Evaluations, Medication Management and Med Box Program..

Tamara Johnson, M.D., Medical Director, Family Physician (6 days month)	308 345-2770	
Bill Malchow, PA-C, Physician Assistant (1 day wk)	308-345-2770	
Marsha Wilkison, EdS, Lic. Independent Mental Health Practitioner	308 345-2770	Ext 203
Carrie Roberts, LCSW, Lic. Independent Mental Health Practitioner	308 345-2770	Ext 204
Rebecca Durner, MA, Licensed Mental Health Practitioner	308 345-2770	Ext 205
Diana Euhus, Licensed Alcohol & Drug Counselor (part-time)	308 345-2770	Ext 215
Sarah Vrbas, Support Staff, Building Coordinator	308 345-2770	Ext 202
Vicki Ludwick, Support Staff/Med Support (1 day wk)	308 345-2770	
Sheila Eden, Support Staff	308 345-2770	
Sarah State, BS, Youth Care Coordinator	308-345-2770	Ext 209 Cell 350-0678
Corey Brockway, Regional Consumer Specialist	308-345-2770	Ext 207 Cell 340-2406
Nancy Rippen, RN, Regional Consumer Specialist	308-345-2770	Ext 207 Cell 340-4842
Teresa Ross, RN, Nurse (1 day every other wk)	308-345-2770	

### **COMMUNITY SUPPORT SERVICES**

P.O. Box 818, 1012 West Third  
McCook NE 69001-0818

**(308) 345-2770**

FAX (308) 345-2557

Jan Badsky, B.A, Care Coordinator	308 345-2770	Ext 211
Lee Redinger, BA, Care Coordinator (1 day wk)	308 345-2770	
Nicole Tjaden, BS, Care Coordinator (1 day wk)	308 345-2770	Cell 414-0010

### **PIONEER HOUSE (Day Rehab/ Day Support)**

P.O. Box 818, 1012 West Third  
McCook NE 69001-0181

**(308) 345-2770**

FAX (308) 345-2557

Renae Gardner, BA, Care Coordinator, Day Rehab Coordinator	308 345-2770	Ext 213
Stacie Sandall, BS., Care Coordinator	308 345-2770	

## • LEXINGTON:

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

P.O. Box 519, 307 East 5th  
Lexington NE 68850-0519

**(308) 324-6754**

FAX (308) 324-5118  
**Emergency Support (308) 324-7200**  
toll free (877) 269-2079

Services available: Outpatient Substance Abuse & Mental Health., Substance Abuse Evaluations, Medication Management, Med Box Program

Tamara Johnson, MD, Medical Director, Family Physician (1 day mo)	308 324-6754	
Bill Malchow, PA-C, Physician Assistant (1 day wk)	308 324-6754	
Stephanie Schulte, Support Staff, Building Coordinator	308-324-6754	Ext 214
Deaetta Larson, Support Staff	308 324-6754	Ext 202
Janice Graham, MS, Lic Independent Mental Health Practitioner	308 324-6754	Ext 205
Sonia Kounovsky, BS, LADC, Licensed Alcohol & Drug Counselor	308 324-6754	Ext 211
Jennifer Sand, RN, Nurse (part-time)	308 324-6754	Ext 203
Mayra Avalos, BS, Youth Care Coordinator	308 324-6754	

### **COMMUNITY SUPPORT SERVICES**

P.O. Box 519, 307 East 5th  
Lexington NE 68850-0519

**(308) 324-6754**

FAX (308) 324-5118

Angela Smith, Care Coordinator, Arm in Arm Coordinator, Community Support Director	Cell 280-0031
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## • OGALLALA/IMPERIAL:

### HEARTLAND COUNSELING AND CONSULTING CLINIC

**(308) 284-6767 (Ogallala)**

401 West 1<sup>st</sup>  
**Ogallala** NE 69153-2412  
FAX: (308) 284-3084

740 Court Street  
**Imperial, NE** 69033  
(308) 882-4203, FAX 308-882-3072

118 Central Avenue  
**Grant, NE** 69140  
Phone & FAX (308) 352-2138

*Services available: Outpatient Substance Abuse & Mental Health, Substance Abuse Evaluations, Medication Management, Med Box Program*

Shona Heim, MA, Lic. Indep Mental Health Practitioner, Lead Therapist for Outpatient Services (Ogallala, Imp, Benkelman)  
308 284-6767 Ext 208 Cell 308-883-1820

Tamara Johnson, MD, Medical Director, Family Physician (2 days mo) 308 284-6767  
Richard Pendleton Sr., MS, Lic Mental Health Practitioner 308 284-6767  
Jenee Hill, MS, Lic Mental Health Pract., Lic Alcohol/Drug Counselor (2 days wk) 308 284-6767  
Kimberly Loomis, MA, Lic Mental Health Practitioner (Imperial 1 day wk) 308 284-6767  
Carrie Howell, BA, Support Staff, Building Coordinator 308-284-6767 Ext 202  
Jill Kostman, Support Staff 308-284-6767 Ext 201  
Bonnie Bauer, BS, Youth Care Coord Director, Youth Systems Coordinator 308 284-6767 Ext 211  
Makayla Lee, Youth Care Coordinator 308-284-6767 Ext 210

### COMMUNITY SUPPORT SERVICES

401 West 1<sup>st</sup>  
**Ogallala** NE 69153-2412  
FAX: (308) 284-3084

740 Court Street  
**Imperial, NE** 69033  
(308) 882-4203 FAX 308-882-3072

118 Central Avenue  
**Grant, NE** 69140  
Phone & FAX (308) 352-2138

Angela Smith, Care Coordinator, ARM in ARM Coordinator.,  
Housing System Coordinator, Community Support Director 308 284-6767 Ext 217 Cell 280-0031  
Lee Redinger, BA, Care Coordinator 308 284-6767 Ext 213  
Librada Diaz-Wood, AA., Care Coordinator 308 284-6767 Ext 214  
Christopher Williams, Care Coordinator 308 284-6767 Ext 203  
Nicole Tjaden, BS, Care Coordinator (Imperial, Grant, Benkelman) 308 284-6767 Ext 212 Cell 414-0010  
or FAX 308-882-2141

## CONTRACTED SERVICES:

### *Acute/Secure Sub-Acute Care:*

Great Plains Regional Medical Center, North Platte

### *Emergency Protective Custody Services.*

Great Plains Regional Medical Center, North Platte

### *Substance Abuse Short Term Residential Services.*

Touchstone Treatment Center, Lincoln (402)474-4343 (men and women)  
St. Monica's, Lincoln (402)441-3768 (women only)

*Therapeutic Community.* St. Monica's, Lincoln (402)441-3768 (women only)

*Halfway House for Men.* Houses of Hope, Lincoln. Jay Conrad (402) 435-3165

*Dual Diagnosis Residential.* CenterPointe, Lincoln, (402)475-8717

### *Community Support Services (Mental Health & Substance Abuse).*

Goodwill Industries, (308)324-7277, Ext 13, Dawson & Gosper Counties.

*Supported Employment.* Goodwill Industries, North Platte (308)534-6500 Lexington, McCook & Ogallala.

*Transitional Housing.* West Central Nebraska Housing Authority, Ogallala, Jeanette Krajewski, Director. (308)284-6078

*Intensive Outpatient Substance Abuse Services.* Lutheran Family Services of Nebraska, Dave Lund (308) 532-0587

*Prevention Coalitions -* Community Connections, Ogallala Youth Committee, Shannon Sell (308)534-6029, Ext 152.

## SPECIAL SERVICES:

*ARM in ARM (Aiding Recovering Moms):* Gender specific substance abuse wraparound services for pregnant and/or parenting recovering women. Angela Smith (308) 280-0031.

*Behavioral Health Disaster Response Coordination:* Shannon Sell (308) 534-6029 ext 152.

*Youth Systems Coordination -* Bonnie Bauer (308)284-6767.

***Housing System Coordination*** - Angela Smith (308)284-6767.

ProgramStaffListing 3/20/12