



All parents wonder if they are getting it right.

You're not alone. Sometimes it's hard to tell what your child needs, what her behaviors mean and if you're doing right by him. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security™ Parenting is an opportunity to join other parents just like you, for an 8-week class where you'll learn to:

- Strengthen your relationship with your child
- Be present with your child during the best and toughest of times
- Recognize your child's needs and make sense of his or her behavior
- Meet your child's needs by being bigger, stronger, wiser and kind

Who should attend:

Parents, newly expecting parents, caregivers, foster parents, guardians, adoptive parents and daycare providers

Location:

Mid-Plains Community College
North Campus- Room #204
1101 Halligan Dr., North Platte, NE

Dates:

Monday evenings, March 13, 2023- May 1, 2023

Must attend all 8 classes for a certificate of completion

Time:

5:30-7:30 pm CT

NO FEE! Cost for the classes are sponsored by Region II Human Services

How to register:

Registration is required. Please call Shannon Sell at 308.529-0595

Presented by:

Stephaine Morse, LIMHP, LADC