



All parents wonder if they are getting it right.

**You're not alone.** Sometimes it is hard to tell what your child needs, what their behaviors mean and if you're doing right by them. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security™ Parenting is an opportunity to join other parents just like you, for an 8-week class where you'll learn to:

- Strengthen your relationship with your child
- Be present with your child during the best and toughest of times
- Recognize your child's needs and make sense of his or her behavior
- Meet your child's needs by being bigger, stronger, wiser and kind

**Who should attend:**

Parents, newly expecting parents, caregivers, foster parents, guardians, adoptive parents and daycare providers

**Location:**

**Mid-Plains Community College  
North Campus-  
Room #204  
1101 Halligan Dr., North Platte, NE**

**Dates:**

**Monday evenings, Sept. 11- Oct. 30, 2023**

**Must attend all 8 classes for a certificate of completion**

**Time:**

**5:30-7:30 pm CT**

**NO FEE! Cost for the classes are sponsored by Region II Human Services**

**How to register:**

**Registration is required. Please call Shannon Sell at 308.529-0595**

**Presented by:**

**Stephaine Morse, LIMHP, LADC**