



## All parents wonder if they're getting it right.

**You're not alone.** Sometimes it's hard to tell what your child needs, what her behaviors mean and if you're doing right by him. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security™ Parenting is an opportunity to join other parents just like you, for an 8-week class where you'll learn to:

- Strengthen your relationship with your child
- Be present with your child during the best and toughest of times
- Recognize your child's needs and make sense of his or her behavior
- Meet your child's needs by being bigger, stronger, wiser and kind

### Who should attend:

Parents, newly expecting parents, caregivers, foster parents, guardians, adoptive parents and daycare providers

### Location:

**Mid-Plains Community College- Imperial Campus**

**1324 Broadway, Imperial, NE 69033**

### Dates:

Monday Evenings- October 2, 2023- November 20, 2023

**Time: 5:30-7:30 pm MST**

**NO FEE! Sponsored by Region II Human Services**

### How to register:

Registration is required. Please call 308-882-5972 or send an email to [imperial@mpcc.edu](mailto:imperial@mpcc.edu)

### Presented by:

Carol Kunnemann

**Sponsored by: Region II Human Services & Mid-Plains Community College-Imperial Campus.**

"This activity was supported in whole or part, from state and federal funds received from the Division of Behavioral Health of the NE. Department of Health and Region II Human Services.