



## Client History Questionnaire

(for parent to complete)

Date: \_\_\_\_\_

### Child Information

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Who has legal custody? \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

### Reason for Visit

What concerns brought your child to counseling?

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What changes would you like to see for your child?

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### Safety & Risk

- Thoughts or talk about suicide
- Self-harm behaviors
- Aggressive behavior toward others
- History of running away
- Current alcohol, vaping, or drug use
- Recent major loss or trauma

### **Behavioral Health History**

Ever hospitalized for mental health concerns?  Yes  No

Previous counseling or psychiatric care?  Yes  No

Current or past diagnoses: \_\_\_\_\_

Psychiatric medications (current/past): \_\_\_\_\_

### **Medical History**

Primary Care Provider: \_\_\_\_\_

Last PCP Visit: \_\_\_\_\_

Have they had their yearly well-check?  Yes  No

Are their immunizations up to date?  Yes  No

Last Dental Visit: \_\_\_\_\_

Significant medical conditions: \_\_\_\_\_

Current medications (or attach list): \_\_\_\_\_

Allergies: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

### **Development & Daily Living**

Pregnancy/birth concerns?  Yes  No (If yes, explain): \_\_\_\_\_

Speech/language delays?  Yes  No

Learning concerns or IEP/504 Plan?  Yes  No

Difficulty with (check any):  Sleeping  Eating  Toileting  Dressing  Daily routines

### **Family & Social Snapshot**

Who lives in the home? \_\_\_\_\_

Primary language spoken: \_\_\_\_\_

Recent family changes (moves, separations, new siblings): \_\_\_\_\_

Who are your child's main supports? \_\_\_\_\_

School name & teacher: \_\_\_\_\_

## **Trauma & Legal**

History of abuse, neglect, or major accidents:  Yes  No

CPS involvement:  Yes  No (Current  Past )

Legal issues or juvenile court involvement:  Yes  No

## **Strengths & Interests**

Your child's strengths: \_\_\_\_\_

Activities/hobbies your child enjoys: \_\_\_\_\_

## **Symptom Snapshot**

- Sadness or frequent crying
- Frequent worries or fears
- Trouble sitting still or paying attention
- Anger or tantrums that are hard to control
- Sleep problems
- Trouble getting along with peers or adults
- Problems at school (behavior, grades, attendance)
- Talk of harming self or others

## **Additional Information**

Anything else you'd like us to know about your child or family:

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