

AGENCY SERVICES

Heartland Counseling & Consulting Clinic

Locations: North Platte, McCook, Lexington, Ogallala and telehealth available throughout the Region

North Platte: 110 North Bailey Ave, P.O. Box 1209
North Platte, NE 69103-1209

(308) 534-6029
FAX (308) 534-6961 (Outpatient)
FAX (308) 532-1157 (Youth Care Coordination)

Services available: Outpatient Substance Use Disorder & Mental Health, Substance Use Disorder Evaluations, Medication Management, Medication Support, Youth Care Coordination

McCook: 1012 West Third, P.O. Box 818
McCook, NE 69001-0818

(308) 345-2770
FAX (308) 345-2557

Services available: Outpatient Substance Use Disorder & Mental Health, Substance Use Disorder Evaluations, Medication Management, Medication Support, Youth Care Coordination, Emergency Support Services, Community Support Mental Health & Substance Use Disorder, Intensive Community Services

Lexington: 307 East 5th, P.O. Box 519
Lexington, NE 68850-0519

(308) 324-6754
FAX (308) 324-5118

Services available: Outpatient Substance Use Disorder & Mental Health, Substance Use Disorder Evaluations, Medication Management, Medication Support, Youth Care Coordination, Emergency Support Services, Community Support Mental Health & Substance Use Disorder, Intensive Community Services

Ogallala: 401 West 1st
Ogallala, NE 69153-2412

(308) 284-6767
FAX (308) 284-3084

Services available: Outpatient Substance Use Disorder & Mental Health, Substance Use Disorder Evaluations, Medication Management, Medication Support, Youth Care Coordination, Emergency Support Services, Community Support Mental Health & Substance Use Disorder, Intensive Community Services

Frontier House

Services available: Community Support Mental Health & Substance Use Disorder, Emergency Support Services, Day Support, Intensive Community Services

114 S Chestnut **(308) 532-4730** (Day Support)
North Platte, NE 69103-1209 **(308) 532-4860** (Community Support, Emergency Community Support, Intensive Community Services)
FAX (308) 532-4737

OPIOID SERVICES: FAMILY/SYSTEM NAVIGATION (308) 520-4327

REGION II RECOVERY ASSISTANCE LINE (308) 636-8972

CLIENT CRISIS LINE (OUTPATIENT, YOUTH CARE, COMMUNITY SUPPORT, DAY SUPPORT, EMERGENCY COMMUNITY SUPPORT)

(308) 390 - 4645

BEHAVIORAL HEALTH SYSTEM EMERGENCY NUMBER: (308) 390 - 4645

OUTPATIENT MENTAL HEALTH & SUBSTANCE USE DISORDER THERAPY SERVICES

| | | |
|---|----------------|---------|
| Teresa Ward, MA, LIMHP, Lic. Independent MH Practitioner - Agency/Clinical Director | (308) 534-6029 | Ext 205 |
| Bridget Pettit, MS, LIMHP, Lic. Independent Mental Health Practitioner | (308) 534-6029 | Ext 225 |
| Maggie Tidyman, MA, PLMHP, LADC, Prov. Lic. MH Practitioner/Alcohol & Drug Counselor | (308) 534-6029 | Ext 228 |
| Kyle Brandyberry, MS, LIMHP, LADC - Clinical Director of Opioid Services, Outpatient Program Director | (308) 534-6029 | Ext 229 |
| Kylie Nichols, PLMHP, PLADC, PCMSW, Prov Lic. - MH Pract/Alcohol & Drug Counselor/Clin. Social Worker | (308) 534-6029 | Ext 220 |
| Rebecca Durner, MA, LIMHP, Lic. Independent Mental Health Practitioner | (308) 345-2770 | Ext 234 |
| Marsha Wilkison, EdS, LIMHP, Lic. Independent Mental Health Practitioner | (308) 345-2770 | Ext 232 |
| Carrie Roberts, LIMHP, LCSW, Lic. Independent MH Practitioner/Lic. Clinical Social Worker | (308) 345-2770 | Ext 233 |
| Judi Smith, LADC, Licensed Alcohol & Drug Counselor | (308) 345-2770 | Ext 260 |
| Richard Pendleton Sr., MS, LIMHP, Lic. Independent Mental Health Practitioner | (308) 324-6754 | Ext 235 |
| Rosie Anderson, MS, LIMHP, LADC, Lic. Independent Mental Health Pract/Alcohol & Drug Counselor | (308) 324-6754 | Ext 237 |
| Myriam Palacios, PLMHP, Prov. Licensed Mental Health Practitioner | (308) 324-6754 | Ext 262 |
| Jill Skinner, LIMHP, LCSW, Lic. Independent MH Practitioner/Lic. Clinical Social Worker | (308) 284-6767 | Ext 239 |
| April Hendon, MA, LIMHP, LADC, Lic. Independent Mental Health Pract/Alcohol & Drug Counselor | (308) 284-6767 | Ext 230 |
| Rhonda Osborne, MA, LIMHP, Lic. Independent Mental Health Practitioner | (308) 284-6767 | Ext 238 |

SUPPORT STAFF - REGIONWIDE

| | | |
|---|----------------|---------|
| Sarah Vrbas, Manager of Billing Operations | (308) 345-2770 | Ext 244 |
| Mandy Blakeman, BS, Support Staff Manager | (308) 534-6029 | Ext 201 |
| James Burns, AA, North Platte Building Coordinator, Support Staff | (308) 534-6029 | Ext 202 |
| Lauralee Castillo, Ogallala Building Coordinator, Support Staff | (308) 284-6767 | Ext 253 |
| Jazmin Bales, McCook Building Coordinator, Support Staff | (308) 345-2770 | Ext 251 |
| Jill Kostman, Lexington Building Coordinator, Support Staff | (308) 324-6754 | Ext 249 |
| Kim Lopez, BS, Lexington Building Coordinator, Support Staff | (308) 324-6754 | Ext 258 |

HEARTLAND OUTPATIENT BILLING CELL PHONE NUMBER

(308) 539-2636

MEDICATION MANAGEMENT SERVICES

Tamara Johnson, MD, Medical Director, Family Physician (308) 534-6029

MEDICATION SUPPORT SERVICES

Justina Johnson, RN, Nurse, Medication Support Manager (308) 534-6029 Ext 222

ADULT SUPPORT SERVICES

EMERGENCY COMMUNITY SUPPORT SERVICES

| | | | |
|---|----------------|---------|---------------------|
| Angela Smith, Adult Support Services Director | (308) 532-4860 | Ext 245 | Cell (308) 280-0031 |
| Nancy Cooper, Emergency Service Coordinator | (308) 532-4860 | Ext 211 | Cell (308) 539-1552 |
| Fatima Gonzalez, AAS, Emergency Service Coordinator | (308) 532-4860 | Ext 223 | Cell (308) 539-3450 |

COMMUNITY SUPPORT SERVICES

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|---|----------------|---------|---------------------|
| Angela Smith, Adult Support Services Director | (308) 532-4860 | Ext 245 | Cell (308) 280-0031 |
| Nate Paxton, Care Coordinator | (308) 532-4860 | Ext 219 | Cell (308) 539-2302 |
| Susan Schmiett, Care Coordinator | (308) 532-4860 | Ext 246 | Cell (308) 530-2654 |
| Emily Barr, BS, Care Coordinator | (308) 532-4860 | Ext 216 | Cell (308) 539-2711 |
| Fatima Gonzalez, AAS, Emergency Service Coordinator | (308) 532-4860 | Ext 223 | Cell (308) 539-3450 |
| Megan Courier, Care Coordinator | (308) 284-6767 | Ext 250 | Cell (308) 539-2029 |
| Lindsey Holmer, Care Coordinator | (308) 345-2770 | Ext 252 | Cell (308) 539-3487 |
| Cortney Swanson, BS, Care Coordinator | (308) 324-6754 | Ext 210 | Cell (308) 520-7696 |

ARM in ARM (Aiding Recovering Moms)

Gender-specific substance use disorder wraparound services for pregnant and/or parenting recovering women

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|---|----------------|---------|---------------------|
| Angela Smith, Adult Support Services Director | (308) 532-4860 | Ext 245 | Cell (308) 280-0031 |
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INTENSIVE COMMUNITY SERVICES

| | | | |
|---|----------------|---------|---------------------|
| Angela Smith, Adult Support Services Director | (308) 532-4860 | Ext 245 | Cell (308) 280-0031 |
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DAY SUPPORT SERVICES

114 S Chestnut, P.O. Box 1209
North Platte, NE 69103-1209
(308) 532-4730
FAX (308) 532-4737

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|--|----------------|---------|---------------------|
| Angela Smith, Adult Support Services Director | (308) 532-4860 | Ext 245 | Cell (308) 280-0031 |
| Mandy Copeland, Day Support Care Coordinator, Building Coordinator | (308) 532-4730 | Ext 247 | Cell (308) 539-1213 |

MEMBER BANK SERVICES

114 S Chestnut, P.O. Box 1209
North Platte, NE 69103-1209
(308) 532-4730
FAX (308) 532-4737

| | | | |
|---|----------------|---------|---------------------|
| Nate Paxton, Representative Payee for Region II Member Bank | (308) 532-4860 | Ext 219 | Cell (308) 539-2302 |
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YOUTH CARE COORDINATION SERVICES

| | | | |
|--|----------------|---------|---------------------|
| Sarah White, BS, Youth Care Director | (308) 532-4860 | Ext 207 | Cell (308) 350-0678 |
| Ashley Vak, BA, Youth Care Coordinator | (308) 532-4860 | Ext 212 | Cell (308) 539-1498 |
| Judd Reed, Youth Care Coordinator | (308) 532-4860 | Ext 215 | Cell (308) 280-0576 |
| Jesi Sonnenfeld, BS , Youth Care Coordinator | (308) 532-4860 | Ext 214 | Cell (308) 539-1387 |
| Mykel Miller, BA, Youth Care Coordinator | (308) 532-4860 | Ext 255 | Cell (308) 350-0894 |
| Ana Romero, BSW, Youth Care Coordinator | (308) 324-6754 | Ext 213 | Cell (308) 320-0256 |

REGIONAL ADMINISTRATION OFFICE

110 N Bailey Ave, P.O. Box 1209

North Platte, NE 69103-1209

(308) 534-0440

FAX (308) 534-8775

| | | |
|---|----------------|---------|
| Katie McCarthy, BS, Regional Administrator, Fiscal Manager | (308) 534-0440 | Ext 241 |
| Traci Kramer, BS, Operations & Human Resources Director, Privacy Officer | (308) 534-0440 | Ext 242 |
| Jordan Rickett, Director of Network Services and Quality Improvement, Consumer Specialist | (308) 534-0440 | Ext 243 |

PROGRAM DIRECTORS-REGIONWIDE

| | | |
|---|----------------|---------|
| Tamara Johnson, MD, Medical Director, Family Physician | (308) 534-6029 | |
| Teresa Ward, MA, LIMHP, Agency/Clinical Director | (308) 534-6029 | Ext 205 |
| Angela Smith, Adult Support Services Director | (308) 532-4860 | Ext 245 |
| Robyn Schultheiss, BSW, Emergency Systems Director | (308) 534-6029 | Ext 206 |
| Shannon Sell, BS, Prevention System Director | (308) 534-6029 | Ext 208 |
| Sarah White, BS, Youth Care Director | (308) 532-4860 | Ext 207 |
| Kyle Brandyberry, MS, LIMHP, LADC - Outpatient Program Director | (308) 534-6029 | Ext 229 |

OPIOID SERVICES

| | | |
|--|----------------|---------------------|
| Kyle Brandyberry, MS, LIMHP, LADC - Clinical Director of Opioid Services | (308) 534-6029 | Ext 229 |
| Morgan Simpson, PLADC, Family/System Navigator | (308) 534-6029 | Ext 227 |
| | | Cell (308) 520-4327 |

REGION II PREVENTION SYSTEM COORDINATION

| | | |
|---|----------------|---------|
| Shannon Sell, BS, Prevention System Director | (308) 534-6029 | Ext 208 |
| Heartland staff as needed. Educators on contract throughout the Region. | | |
| Community Connections - contracted coalition | | |

REGION II DISASTER BEHAVIORAL HEALTH RESPONSE COORDINATION

| | | |
|---|----------------|---------|
| Shannon Sell, BS, Disaster Behavioral Health Response Coordinator | (308) 534-6029 | Ext 208 |
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REGION II EMERGENCY SYSTEMS COORDINATION

| | | |
|--|----------------|---------------------|
| Robyn Schultheiss, BSW, Emergency Systems Director | (308) 534-6029 | Ext 206 |
| | | Cell (308) 390-4645 |

REGION II YOUTH SYSTEMS COORDINATION

| | | |
|--|----------------|---------------------|
| Sarah White, BS, Youth Systems Coordinator | (308) 532-4860 | Ext 207 |
| | | Cell (308) 350-0678 |

REGION II HOUSING SYSTEM COORDINATION

| | | |
|---|----------------|---------------------|
| Angela Smith, Housing System Coordinator | (308) 532-4860 | Ext 245 |
| Supported Housing, Mental Health & Substance Use Disorder | | Cell (308) 280-0031 |

REGION II TECHNOLOGY

| | | |
|---|----------------|---------------------|
| Wally Hampton, Information Technology Manager | (308) 350-1419 | |
| Cassandra Lueth, BS, Computer/Network Technician | (308) 520-6896 | |
| Samuel McDaniel, BS, Electronic Health Record Manager | (308) 534-6029 | Ext 218 |
| | | Cell (308) 539-3066 |

CONTRACTED SERVICES

Acute Inpatient Psychiatric Care

Great Plains Health, North Platte
(308) 568-8000

Emergency Protective Custody Services

Great Plains Health, North Platte
(308) 568-8000

Substance Use Disorder Short-Term Residential Services

Touchstone Treatment Center, Lincoln (402) 474-4343 (men only)
St. Monica's, Lincoln (402) 441-3768 (women only)

Therapeutic Community

St. Monica's, Lincoln (402) 441-3738 (women only)

Halfway House for Men

Houses of Hope, Lincoln
(402) 435-3165

Dual Diagnosis Residential

CenterPointe, Lincoln
(402) 475-8717

Supported Employment

Goodwill Industries: North Platte, Lexington, McCook & Ogallala
Randa Musil (308) 520-9026

Prevention Coalitions

Community Connections
(308) 696-3355

Intensive Outpatient Services, Mental Health & Substance Use Disorder Assessments, Outpatient Mental Health

Adult/Youth Services, Outpatient Substance Use Disorder Adult/Youth Services, Peer Support Mental Health & Substance Use Disorder Services, Medication Management

Lutheran Family Services of Nebraska
(308) 532-0587

Youth Family Support

Boys Town, North Platte
Family Skill Building, North Platte
For access to these services, please contact Sarah White, Youth Systems Coordinator, at (308) 350-0678.

Youth Mental Health Respite

Nebraska Youth Center, North Platte
For access to these services, please contact Sarah White, Youth Systems Coordinator, at (308) 350-0678.

Medication Assisted Treatment

Specially trained and licensed providers throughout the region.
For access to these services, please contact Jordan Rickett, Director of Network Services and Quality Improvement, at (308) 534-0440.

Medication Management

Wise Choice Healthcare
(308) 221-6288