

## AGENCY SERVICES

### **Heartland Counseling & Consulting Clinic**

Locations: North Platte, McCook, Lexington, Ogallala and telehealth available throughout the Region

**North Platte:** 110 North Bailey Ave, P.O. Box 1209  
North Platte, NE 69103-1209

**(308) 534-6029**

FAX (308) 534-6961 (Outpatient)

FAX (308) 532-1157 (Youth Care Coordination)

*Services available: Outpatient Substance Use Disorder & Mental Health, Substance Use Disorder Evaluations, Medication Management, Medication Support, Youth Care Coordination*

**McCook:** 1012 West Third, P.O. Box 818  
McCook, NE 69001-0818

**(308) 345-2770**

FAX (308) 345-2557

*Services available: Outpatient Substance Use Disorder & Mental Health, Substance Use Disorder Evaluations, Medication Management, Medication Support, Youth Care Coordination, Emergency Support Services, Community Support Mental Health & Substance Use Disorder, Intensive Community Services*

**Lexington:** 307 East 5th, P.O. Box 519  
Lexington, NE 68850-0519

**(308) 324-6754**

FAX (308) 324-5118

*Services available: Outpatient Substance Use Disorder & Mental Health, Substance Use Disorder Evaluations, Medication Management, Medication Support, Youth Care Coordination, Emergency Support Services, Community Support Mental Health & Substance Use Disorder, Intensive Community Services*

**Ogallala:** 401 West 1st  
Ogallala, NE 69153-2412

**(308) 284-6767**

FAX (308) 284-3084

*Services available: Outpatient Substance Use Disorder & Mental Health, Substance Use Disorder Evaluations, Medication Management, Medication Support, Youth Care Coordination, Emergency Support Services, Community Support Mental Health & Substance Use Disorder, Intensive Community Services*

### **Frontier House**

*Services available: Community Support Mental Health & Substance Use Disorder, Emergency Support Services, Day Support, Intensive Community Services*

114 S Chestnut

**(308) 532-4730**(Day Support)

North Platte, NE 69103-1209

**(308) 532-4860**(Community Support, Emergency Community Support, Intensive Community Services)

FAX (308) 532-4737

**OPIOID SERVICES: FAMILY/SYSTEM NAVIGATION (308) 520-4327**

**REGION II RECOVERY ASSISTANCE LINE (308) 636-8972**

**CLIENT CRISIS LINE (OUTPATIENT, YOUTH CARE, COMMUNITY SUPPORT, DAY SUPPORT, EMERGENCY COMMUNITY SUPPORT)**

**(308) 390 - 4645**

**BEHAVIORAL HEALTH SYSTEM EMERGENCY NUMBER: (308) 390 - 4645**

## **OUTPATIENT MENTAL HEALTH & SUBSTANCE USE DISORDER THERAPY SERVICES**

Teresa Ward, MA, LIMHP, Lic. Independent MH Practitioner - Agency/Clinical Director	(308) 534-6029	Ext 205
Bridget Pettit, MS, LIMHP, Lic. Independent Mental Health Practitioner	(308) 534-6029	Ext 225
Maggie Tidyman, MA, LIMHP, LADC, Lic. Independent Mental Health Pract/Alcohol & Drug Counselor	(308) 534-6029	Ext 228
Kyle Brandyberry, MS, LIMHP, LADC - Clinical Director of Opioid Services, Outpatient Program Director	(308) 534-6029	Ext 229
Kylie Nichols, LIMHP, LCSW, PLADC Lic. Independent MH Pract./Clinical Social Worker/Alcohol & Drug Counselor	(308) 534-6029	Ext 220
Rebecca Durner, MA, LIMHP, Lic. Independent Mental Health Practitioner	(308) 345-2770	Ext 234
Marsha Wilkison, EdS, LIMHP, Lic. Independent Mental Health Practitioner	(308) 345-2770	Ext 232
Carrie Roberts, LIMHP, LCSW, Lic. Independent MH Practitioner/Lic. Clinical Social Worker	(308) 345-2770	Ext 233
Judi Smith, LADC, Licensed Alcohol & Drug Counselor	(308) 345-2770	Ext 260
Richard Pendleton Sr., MS, LIMHP, Lic. Independent Mental Health Practitioner	(308) 324-6754	Ext 235
Rosie Anderson, MS, LIMHP, LADC, Lic. Independent Mental Health Pract/Alcohol & Drug Counselor	(308) 324-6754	Ext 237
Myriam Palacios, PLMHP, Prov. Licensed Mental Health Practitioner	(308) 324-6754	Ext 262
Jill Skinner, LIMHP, LCSW, Lic. Independent MH Practitioner/Lic. Clinical Social Worker	(308) 284-6767	Ext 239
April Hendon, MA, LIMHP, LADC, Lic. Independent MH Practitioner/Alcohol & Drug Counselor	(308) 284-6767	Ext 230
Rhonda Osborne, MA, LIMHP, Lic. Independent Mental Health Practitioner	(308) 284-6767	Ext 238

### **SUPPORT STAFF - REGIONWIDE**

Sarah Vrbas, Manager of Billing Operations	(308) 345-2770	Ext 244
Mandy Blakeman, BS, Support Staff Manager	(308) 534-6029	Ext 201
James Burns, AA, North Platte Building Coordinator, Support Staff	(308) 534-6029	Ext 202
Lauralee Castillo, Ogallala Building Coordinator, Support Staff	(308) 284-6767	Ext 253
Jazmin Bales, McCook Building Coordinator, Support Staff	(308) 345-2770	Ext 251
Jill Kostman, Lexington Building Coordinator, Support Staff	(308) 324-6754	Ext 249
Kim Lopez, BS, Lexington Building Coordinator, Support Staff	(308) 324-6754	Ext 258

**HEARTLAND OUTPATIENT BILLING CELL PHONE NUMBER**

**(308) 539-2636**

### **MEDICATION MANAGEMENT SERVICES**

Tamara Johnson, MD, Medical Director, Family Physician	(308) 534-6029
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### **MEDICATION SUPPORT SERVICES**

Justina Johnson, RN, Nurse, Medication Support Manager	(308) 534-6029	Ext 222
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## **ADULT SUPPORT SERVICES**

### **EMERGENCY COMMUNITY SUPPORT SERVICES**

Angela Smith, Adult Support Services Director	(308) 532-4860	Ext 245	Cell (308) 280-0031
Nancy Cooper, Emergency Service Coordinator	(308) 532-4860	Ext 211	Cell (308) 539-1552
Fatima Gonzalez, AAS, Emergency Service Coordinator	(308) 532-4860	Ext 223	Cell (308) 539-3450

### **COMMUNITY SUPPORT SERVICES**

Angela Smith, Adult Support Services Director	(308) 532-4860	Ext 245	Cell (308) 280-0031
Nate Paxton, Care Coordinator	(308) 532-4860	Ext 219	Cell (308) 539-2302
Susan Schmielt, Care Coordinator	(308) 532-4860	Ext 246	Cell (308) 530-2654
Emily Barr, BS, Care Coordinator, Building Coordinator	(308) 532-4860	Ext 216	Cell (308) 539-2711
Fatima Gonzalez, AAS, Care Coordinator	(308) 532-4860	Ext 223	Cell (308) 539-3450
Megan Courter, Care Coordinator	(308) 284-6767	Ext 250	Cell (308) 539-2029
Lindsey Conroy, Care Coordinator	(308) 345-2770	Ext 252	Cell (308) 539-3487

### **ARM in ARM (Aiding Recovering Moms)**

Gender-specific substance use disorder wraparound services for pregnant and/or parenting recovering women

Angela Smith, Adult Support Services Director	(308) 532-4860	Ext 245	Cell (308) 280-0031
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### **INTENSIVE COMMUNITY SERVICES**

Angela Smith, Adult Support Services Director	(308) 532-4860	Ext 245	Cell (308) 280-0031
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### **DAY SUPPORT SERVICES**

114 S Chestnut, P.O. Box 1209  
North Platte, NE 69103-1209  
(308) 532-4730  
FAX (308) 532-4737

Angela Smith, Adult Support Services Director	(308) 532-4860	Ext 245	Cell (308) 280-0031
Fatima Gonzalez, AAS, Care Coordinator	(308) 532-4860	Ext 223	Cell (308) 539-3450

### **MEMBER BANK SERVICES**

114 S Chestnut, P.O. Box 1209  
North Platte, NE 69103-1209  
(308) 532-4730  
FAX (308) 532-4737

Nate Paxton, Representative Payee for Region II Member Bank	(308) 532-4860	Ext 219	Cell (308) 539-2302
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## **YOUTH CARE COORDINATION SERVICES**

Sarah White, BS, Youth Care Director	(308) 532-4860	Ext 207	Cell (308) 350-0678
Ashley Vak, BA, Youth Care Coordinator	(308) 532-4860	Ext 212	Cell (308) 539-1498
Judd Reed, Youth Care Coordinator	(308) 532-4860	Ext 215	Cell (308) 280-0576
Jesi Sonnenfeld, BS, Youth Care Coordinator	(308) 532-4860	Ext 214	Cell (308) 539-1387
Mykel Miller, BA, Youth Care Coordinator	(308) 532-4860	Ext 255	Cell (308) 350-0894
Ana Romero, BSW, Youth Care Coordinator	(308) 324-6754	Ext 213	Cell (308) 320-0256

## **REGIONAL ADMINISTRATION OFFICE**

110 N Bailey Ave, P.O. Box 1209

North Platte, NE 69103-1209

**(308) 534-0440**

FAX (308) 534-8775

Katie McCarthy, BS, Regional Administrator, Fiscal Manager (308) 534-0440 Ext 241

Traci Kramer, BS, Operations & Human Resources Director, Privacy Officer (308) 534-0440 Ext 242

Jordan Rickett, Director of Network Services and Quality Improvement, Consumer Specialist (308) 534-0440 Ext 243

## **PROGRAM DIRECTORS-REGIONWIDE**

Tamara Johnson, MD, Medical Director, Family Physician (308) 534-6029

Teresa Ward, MA, LIMHP, Agency/Clinical Director (308) 534-6029 Ext 205 Cell (308) 529-1276

Angela Smith, Adult Support Services Director (308) 532-4860 Ext 245 Cell (308) 280-0031

Robyn Schultheiss, BSW, Emergency Systems Director (308) 534-6029 Ext 206 Cell (308) 390-4645

Shannon Sell, BS, Prevention System Director (308) 534-6029 Ext 208 Cell (308) 529-0595

Sarah White, BS, Youth Care Director (308) 532-4860 Ext 207 Cell (308) 350-0678

Kyle Brandyberry, MS, LIMHP, LADC - Outpatient Program Director (308) 534-6029 Ext 229

## **OPIOID SERVICES**

Kyle Brandyberry, MS, LIMHP, LADC - Clinical Director of Opioid Services (308) 534-6029 Ext 229

Morgan Simpson, PLADC, Family/System Navigator (308) 534-6029 Ext 227 Cell (308) 520-4327

## **REGION II PREVENTION SYSTEM COORDINATION**

Shannon Sell, BS, Prevention System Director (308) 534-6029 Ext 208

Heartland staff as needed. Educators on contract throughout the Region.  
Community Connections - contracted coalition

## **REGION II DISASTER BEHAVIORAL HEALTH RESPONSE COORDINATION**

Shannon Sell, BS, Disaster Behavioral Health Response Coordinator (308) 534-6029 Ext 208

## **REGION II EMERGENCY SYSTEMS COORDINATION**

Robyn Schultheiss, BSW, Emergency Systems Director (308) 534-6029 Ext 206 Cell (308) 390-4645

## **REGION II YOUTH SYSTEMS COORDINATION**

Sarah White, BS, Youth Systems Coordinator (308) 532-4860 Ext 207 Cell (308) 350-0678

## **REGION II HOUSING SYSTEM COORDINATION**

Angela Smith, Housing System Coordinator (308) 532-4860 Ext 245 Cell (308) 280-0031

Supported Housing, Mental Health & Substance Use Disorder

## **REGION II TECHNOLOGY**

Wally Hampton, Information Technology Manager (308) 350-1419

Cassandra Lueth, BS, Computer/Network Technician (308) 520-6896

Samuel McDaniel, BS, Electronic Health Record Manager (308) 534-6029 Ext 218 Cell (308) 539-3066

## **PROVIDED SERVICES**

**Boys Town, North Platte - For access to services, please contact Sarah White, Youth Systems Coordinator, at (308) 350-0678.**

Youth Family Support

**CenterPointe, Lincoln - (402) 475-8717**

Dual Disorder Residential; Medication Management

**Community Connections - (308) 532-0587**

Prevention Coalitions

**Family Matters Counseling, North Platte - (308) 534-3351**

Use Disorder Outpatient Services, Intensive Outpatient Services for Substance Use Disorder

**Family Skill Building, North Platte - For access to services, please contact Sarah White, Youth Systems Coordinator, at (308) 350-0678.**

Youth Family Support

**Goodwill Industries of Greater Nebraska - North Platte, Lexington, McCook & Ogallala - Contact Randa Musil at (308) 520-9026**

Supported Employment

**Great Plains Health, North Platte - (308) 568-8000**

Acute Inpatient Psychiatric Care; Emergency Protective Custody

**Houses of Hope, Lincoln - (402) 435-3165**

Short-Term Residential Treatment for Substance Use Disorder, Halfway House for Substance Use Disorder

**Lutheran Family Services**

Outpatient Services for Adults: Mental Health & Substance Use Disorder Assessments, Mental Health & Substance Use Disorder

**Modern Therapy Associates, North Platte - (308) 417-8555**

Intensive Outpatient Services for Substance Use Disorder

**Nebraska Youth Center, North Platte - For access to services, please contact Sarah White, Youth Systems Coordinator, at (308) 350-0678.**

Mental Health Respite for Youth

**St. Monica's, Lincoln - (402) 441-3768 - Women Only**

Short-Term Residential Treatment for Substance Use Disorder; Therapeutic Community for Substance Use Disorder

**Wise Choice Health Care, North Platte - (308) 221-6288**

Medication Management

**Medication Management**

Intensive Outpatient Services for Substance Use Disorder

**Medication Assisted Treatment**

Specially trained and licensed providers throughout the region.

For access to these services, please contact Jordan Rickett, Director of Network Services & Quality Improvement, at (308) 534-0440.