Please join us for a Free VIRTUAL Suicide Prevention Training on Friday, December 11, 2026 From 9:00am-10:30am CST

YOUR TRAINER: Michelle Kohmetscher is contracted by Region II Human Services.

QPR is an evidence-based training, which provides 3 simple steps anyone can learn to help save a life from suicide. The mission of QPR is to save lives and reduce suicidal behaviors by providing innovative, practical and proven suicide prevention training. QPR will train people to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help.

TO JOIN THE VIRTUAL TRAINING, PLEASE CLICK ON THE LINK BELOW OR SCAN THE QR CODE BELOW. REGISTRATION IS NOT REQUIRED AHEAD OF TIME.

Topic: Virtual QPR class on December 11, 2026
Time: Dec 11, 2026 09:00 AM Central Time (US and Canada)

Join Zoom Meeting
https://us02web.zoom.us/j/81802928020

TO SET UP FUTURE IN-PERSON OR VIRTUAL TRAININGS OR IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT SHANNON SELL AT 308-529-0595 OR shannonsell@r2hs.com

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